

Domestic Disciplinary Agreement

1. Purpose

The purpose of this document is to define the Domestic Disciplinary Agreement as reached between Ford and DW with respect to:

- Unacceptable behaviours on Ford's behalf that require resolution;
- The regime of discipline that Ford shall submit to from DW in response to those behaviours.

2. Recitals

Ford and DW make this Agreement with the intent of further enhancing their already loving and passionate husband-wife relationship through clear communication of their respective ideals and needs. It is also consistent with the goals and objectives of the Disciplinary Wives' Club and the valuable information and advice provided by that organisation.

For his part, Ford agrees to submit to a regime of discipline to be administered by DW in response to unacceptable aspects of his behaviour as defined herein. Ford also acknowledges the need to be reminded of his behavioural responsibilities by means of regular discipline.

For her part, DW assumes responsibility for the domestic discipline of Ford as defined in this Agreement and in response to his day-to-day behaviour. She also agrees that regular discipline is necessary in order that Ford be reminded not to indulge in unacceptable behaviour.

Both agree that this arrangement forms a component only of their overall relationship and will be kept in appropriate proportion to all other aspects of their faithful, loving, devoted and highly passionate marriage. Ford's discipline will hence be confined to specific occasions in accordance with this Agreement. All discipline under this Agreement shall be on a consensual basis with either party able to request amendments that are to be considered for implementation by mutual agreement.

3. Behaviours

This Agreement covers specific, unacceptable behaviour by Ford as itemised below. This list can be added to as necessary by mutual agreement:

- Unwarranted negative attitude as typically evidenced by negative statements about people or events;
- Bad language – especially when expressed in front of the children;
- Grumpiness or anger in response to DW's attempts to offer help and assistance or in response to any accidental and understandable errors or omissions on her part;
- Excessive teasing or cynicism about subjects to which DW attaches high value and importance;
- Tickling, when this results in a hazardous situation or an excessive distraction;
- Application of cold hands, feet or any other objects to DW's body;
- Failing to clear used away plates, cooking utensils etc in the kitchen;
- Not coming to bed promptly without good reason, once having agreed to do so at a specific time;
- Failure to meet an agreed commitment to perform a specific task.

Occurrences of these behaviours by Ford will be ranked at DW's discretion according to the seriousness and extent of the infringement.

DW shall record each of Ford's behavioural infringements on a whiteboard as an abbreviated description. Discipline will be administered either:

- immediately after the occurrence of the infringement - whenever circumstances allow; or if not
- as soon as is practicable after the infringement.

4. Discipline Regime

The discipline that Ford receives from DW shall consist of two primary components:

- Preventative Discipline – administered at regular intervals and irrespective of whether Ford has committed any specific infringements;
- Remedial Discipline – administered in response to specific infringements either as a separate session or as a specifically identified addition to a Preventative Discipline session.

Ford and DW agree that the effectiveness of scheduled discipline should be enhanced as an integral part of this regime by the application of additional sanctions at DW's sole discretion, both before and after the actual administration of the discipline itself. Like the Discipline, such additional sanctions are to be kept private between Ford and DW.

a. "On Notice"

Prior to either a session of Preventative or Remedial Discipline (except where the latter is to be applied immediately after an infringement), Ford is to be placed "On Notice". During such periods of Notice, DW can require that Ford submit to additional sanctions with the aim of heightening his anticipation of the Discipline to come and of enhancing its after-effects. The extent of these sanctions shall be at DW's creative discretion and consistent with the seriousness of any infringement. In addition, during any period that Ford is "On Notice", lovemaking shall occur only at DW's initiative and solely in accordance with her wishes and desires. Without setting any limitations, the sanctions to which Ford shall submit can include:

- the wearing of female underwear that has been set-aside specifically for disciplinary purposes. Panties would be typical although should circumstances warrant, other items such as suspenders, stockings and other items of lingerie and female attire are not precluded;
- "Corner" time served in whatever position, state of dress or restraint as DW may determine;
- Denial of orgasm, although DW shall retain the right to sexually arouse Ford in whatever manner she chooses and to receive sexual favours according to her dictates;
- Performance of additional household chores;
- Physical preparations for the administration of the discipline (e.g. laying out of implements, chair positioning etc).

b. Preventative Discipline

Ford shall submit to the application of Preventative Discipline by DW at (as near as practicable) fortnightly intervals at a mutually agreed time. DW and Ford shall each use their diaries to ensure that scheduled sessions of Preventative Discipline are not overlooked.

Preventative Discipline shall be sufficiently severe as to result in pain and discomfort that Ford continues to experience for several days afterward and as to elicit from Ford an earnest commitment to maintain an acceptable standard of behaviour. Preventative Discipline will be administered:

- Once Ford has made all preparations for its application and formally requested that DW discipline him with the aim of preventing unacceptable behaviour on his part;
- In a position of DW's choosing as a long, hard and rapid spanking with the wooden hairbrush or paddle. DW may pause and repeat series of strokes as necessary so as to ensure that the desired disciplinary outcome is achieved;

- To Ford's bare bottom after any warm-up period that DW may grant;
- Not as a specific number of strokes but as judged sufficient by DW from the progressive development of Ford's responses and fervent commitment to be of good behaviour. DW shall continue the spanking until she judges that an adequate, real and, if warranted, tearful commitment from Ford has been gained;
- Any failure by Ford to submit completely to the entire spanking will be penalised at DW's discretion by either its re-commencement or repetition on the following day.

c. Remedial Discipline

DW will apply Remedial Discipline in response to Ford's specific infringements in behaviour. At DW's discretion, Remedial Discipline shall be applied on an as required basis or as a specific addition to Preventative Discipline. She shall then administer the Remedial Discipline itself:

- Once Ford has made all preparations for its application and formally requested that DW discipline him with the aim of remedying the unacceptable behaviour that led to the need for Remedial Discipline;
- In a bent over position of DW's choosing - e.g. grasped ankles, over the side of the spa or end of the bed, on all fours, over back of a chair etc;
- to Ford's bare bottom without the option of warm-up strokes;
- at a level of severity reflective of Ford's recorded infringement(s);
- with implements of DW's choosing, including :
 - Hairbrush;
 - Cane;
 - Large Spencer paddle;
 - Crop;
 - Strap or belt;such implements of discipline to be purchased solely at Ford's expense;
- Any failure by Ford to submit to the entire spanking (e.g. by moving out of position) will be penalised by its re-commencement or repetition the following day.
- Ford shall count each stroke immediately after its application and thank DW for it (e.g. "Six thank you Ma'am"). Loss of count or failure to count immediately after the stroke is delivered shall result in its exclusion from any session total. Alternatively, DW may elect to silence Ford by means of a suitable gag;
- DW is to rely on the progression of Ford's responses and tone of his count to determine that the severity and duration of the spanking has inflicted a level of punishment that is appropriate to the seriousness of Ford's infringement(s).

d. Post Discipline

After the completion of either Preventative or Remedial Discipline, Ford shall express his sincere gratitude to DW and submit to such additional penalties as DW may choose to impose. At DW's discretion these might include:

- Further corner time served in whatever position, state of dress or restraint as DW determines;
- Denial of orgasm (but not denial of affection) - but at most only until the morning following Ford's submission to discipline;
- Repeat of Remedial Discipline during the following days, should DW deem that it has been of insufficient benefit;
- DW shall have the right to choose Ford's underwear for at least three days following.